

COLD SALADS

	10-12	20-25
Potato Salad	\$40.00	\$65.00
Macaroni Salad	\$40.00	\$65.00
Cole Slaw	\$40.00	\$65.00
Tortellini Salad	\$50.00	\$70.00
Pasta Salad	\$40.00	\$65.00
Bruschetta w/ Garlic Toast	\$45.00	\$65.00

SALADS

Garden	\$30.00	\$50.00
Caesar	\$30.00	\$50.00
Chicken Caesar	\$45.00	\$75.00
Chicken Cobb	\$60.00	\$85.00
Harvest	\$60.00	\$85.00
Romaine Lettuce, Tomato, Cucumber, Carrots, Sweet Dry Cranberries, Walnuts and Topped With Boars Head Ovengold Turkey and Swiss Cheese Pinwheels.		

DESSERTS

COOKIE/BROWNIE PLATTER

12" Serves 8-10	\$30.00
16" Serves 12-15	\$50.00
18" Serves 20-25	\$75.00

ASSORTED MINI PASTRY PLATTER

12" Serves 8-10	\$70.00
16" Serves 12-15	\$95.00
18" Serves 20-25	\$140.00

Carrot Cake	\$45.00
Cheese Cake	\$45.00
Red Velvet	\$45.00
Chocolate Layer	\$45.00

ADDITIONAL CAKES AND PIES
AVAILABLE UPON REQUEST



Per-person event pricing available
for parties of 75 or more.

FreshLifeAndCompany@gmail.com
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Catering Available
Seven Days a Week!



NEW YORK STYLE CAFE & DELI *Catering Menu*

Located in the Wells Fargo Center
100 S. Ashley Dr. Suite 220
Tampa, FL, 33602

(813) 273-9711

BROUGHT TO YOU BY



Proudly Featuring

Boar's Head

BREAKFAST

	Tray
CONTINENTAL.....	\$190.00
Scrambled Eggs, Bacon, Sausage, Bagels and Assorted Muffins with Cream Cheese, Butter, Coffee and Juice (Serves 12)	
BREAKFAST WRAP PLATTER.....	\$9.50 (each)
KEEP IT LIGHT	\$175.00
Fruit Salad, Yogurt, Muffins, Coffee and Juice (Serves 12-15)	
BAGEL PLATTER (1 dozen)	\$40.00
Served with Butter and Cream Cheese	
MUFFIN PLATTER (1 dozen).....	\$40.00
FRUIT SALAD.....	\$50.00
BREAKFAST PASTRY (serves 12-15).....	\$50.00
RED POTATOES.....	\$45.00
HASHBROWNS.....	\$35.00

BEVERAGES

BOX OF COFFEE (12 CUPS).....	\$34.99
Gallon of Sweet or Unsweet Tea.....	\$11.99
Sparkling Water	\$2.00 each
Assorted Cans of Soda/Water.....	\$1.75 each
Assorted Juices.....	\$1.75 each

STARTERS

	10-12	20-25
FRIED MAC & CHEESE BITES... \$60.00.....	\$110.00	
VEGGIE PLATTER	\$60.00	\$85.00
CHEESE & CRACKER.....	\$60.00	\$90.00
TERYAKI CHICKEN SKEWERS .. \$60.00.....	\$110.00	
STUFFED MUSHROOMS.....	\$60.00	\$110.00

SANDWICH OR WRAP PLATTERS

All Platters Made Fresh To Order
\$10.25pp

Ham/Cheese	Egg Salad
Turkey/Cheese	Tuna Salad
Roast Beef/Cheese	Chicken Salad
American Combo	Italian Combo



BUFFET-STYLE FOOD BARS

	8-10	15-20
Chicken Rice		
Bowl Bar.....	\$150.00	\$275.00
Served with Grilled Chicken, Brown Rice, Cauliflower Rice, Avocado, Black Beans, Corn, Red Onions, Cilantro, Cilantro Lime Dressing, Sour Cream and Salsa		
Steak Rice		
Bowl Bar.....	\$180.00	\$325.00
Served with Marinated Grilled Steak, Brown Rice, Cauliflower Rice, Avocado, Black Beans, Corn, Red Onions, Cilantro, Cilantro Lime Dressing, Sour Cream and Salsa		
Fajita Bar	\$150.00	\$275.00
Served with Fajita Seasoned Chicken with Grilled Peppers and Onions, Flour Tortillas, Shredded Cheese, Avocado, Spanish Style Rice, Sour Cream and Salsa		
Taco Bar.....	\$150.00	\$275.00

Choice of Taco Seasoned Beef or Shredded Chicken, Flour Tortillas, Shredded Lettuce, Diced Tomatoes, Shredded Cheese, Spanish Style Rice, Sour Cream and Salsa

Hot Dog Bar	\$125.00	\$240.00
Boar's Head Beef Hot Dogs, Hot Dog Buns, Sauerkraut, Chili, Shredded Cheese, Diced Onions, Relish, Ketchup and Mustard Served with Assorted Chips		

ENTREES

	8-10	15-20
Chicken Parmesan.....	\$75.00	\$140.00
w/Spaghetti		
Chicken Marsala.....	\$75.00	\$140.00
w/Rice Pilaf		
Chicken Francaise.....	\$75.00	\$140.00
w/Rice Pilaf		
Chicken Cordon Bleu.....	\$85.00	\$160.00
w/Rice		
New Orleans		
Shrimp & Sausage Stir Fry.....	\$95.00	\$175.00
w/ White or Brown Rice		
Italian Sausage and Peppers	\$75.00	\$140.00
Served with Rolls		
Italian Meatballs	\$60.00	\$110.00
Served with Rolls		
Stuffed Peppers.....	\$65.00	\$125.00
Sliced Roast Beef with		
Mushroom Gravy	\$70.00	\$125.00
w/Garlic Mashed Potatoes		
Glazed Ham with		
Pineapple Sauce	\$95.00	\$175.00
w/Mashed Potatoes		
Chicken Enchiladas	\$75.00	\$140.00
w/Spanish Style Rice		
BBQ Pulled Chicken or Pork	\$75.00	\$140.00
Served with Rolls		

PASTAS

	8-10	15-20
Baked Ziti	\$45.00	\$80.00
Cheese Lasagna	\$50.00	\$90.00
Meat Lasagna	\$75.00	\$140.00
Spaghetti & Meatballs.....	\$70.00	\$135.00
Penne Alla Vodka.....	\$45.00	\$80.00
With Chicken.....	\$60.00	\$85.00
Bow Tie Pasta W/Chicken		
Broccoli, Garlic and Oil	\$55.00	\$100.00
Fettuccini Alfredo.....	\$45.00	\$80.00
With Chicken and Broccoli	\$70.00	\$130.00

VEGETARIAN

	8-10	15-20
Eggplant Parmesan.....	\$60.00	\$110.00
Eggplant Rollatini	\$65.00	\$125.00
Stuffed Peppers w/		
Rice and Veggies	\$45.00	\$80.00
Veggie Lasagna	\$60.00	\$110.00

SIDES

	8-10
Rice Pilaf	\$35.00
Mashed Potatoes.....	\$40.00
Steamed Broccoli.....	\$30.00
String Bean Almondine.....	\$45.00
Oven Roasted Potatoes.....	\$40.00
Balsamic Grilled Vegetables	\$45.00
Garlic Bread.....	\$20.00
Assorted Chips.....	\$1.99 (each)

