

## COLD SALADS

	10-12	20-25	Per Person
Potato Salad .....	\$30.00	\$50.00	\$3.50
Macaroni Salad .....	\$30.00	\$50.00	\$3.50
Cole Slaw .....	\$25.00	\$45.00	\$3.00
Tortellini Salad .....	\$40.00	\$60.00	\$4.50
Bruschetta w/ Garlic Toast .....	\$40.00	\$60.00	\$4.50

## SALADS

Garden .....	\$25.00	\$40.00	\$3.50
Caesar .....	\$25.00	\$40.00	\$3.50
Chicken Caesar .....	\$40.00	\$65.00	\$5.00
Chicken Cobb .....	\$50.00	\$70.00	\$6.00
Buffalo Chicken .....	\$50.00	\$70.00	\$6.00
Romaine Lettuce, Tomato, Cucumber, Celery, Bleu Cheese Crumbles and Topped with Breaded Chicken Strips Dipped in Wing Sauce.			
Harvest .....	\$55.00	\$75.00	\$6.00
Romaine Lettuce, Tomato, Cucumber, Carrots, Sweet Dry Cranberries, Walnuts and Topped With Boars Head Ovengold Turkey and Swiss Cheese Pinwheels.			

## DESSERTS

### COOKIE/BROWNIE PLATTER

12" Serves 8-10 .....	\$20.00	\$2.50
16" Serves 12-15 .....	\$35.00	\$2.50
18" Serves 20-25 .....	\$50.00	\$2.50

### ASSORTED MINI PASTRY PLATTER

12" Serves 8-10 .....	\$40.00	\$4.00
16" Serves 12-15 .....	\$55.00	\$4.00
18" Serves 20-25 .....	\$70.00	\$4.00


Carrot Cake .....	\$30.00	\$4.00
Cheese Cake .....	\$35.00	\$4.00
Red Velvet .....	\$40.00	\$4.00
Chocolate Layer .....	\$40.00	\$4.00

ADDITIONAL CAKES AND PIES  
AVAILABLE UPON REQUEST



*Per-person event pricing available  
for parties of 75 or more.*

[FreshLifeAndCompany@gmail.com](mailto:FreshLifeAndCompany@gmail.com)  
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**Catering Available  
Seven Days a Week!**



## NEW YORK STYLE CAFE & DELI *Catering Menu*

Located in the Wells Fargo Center  
100 S. Ashley Dr. Suite 220  
Tampa, FL, 33602

**(813) 273-9711**

**BROUGHT TO YOU BY**



Proudly Featuring

**Boar's Head**

## BREAKFAST

	Tray	Per Person
CONTINENTAL .....	\$150.00	\$12.50
Scrambled Eggs, Bacon, Sausage, Bagels and Assorted Muffins with Cream Cheese, Butter, Coffee and Juice (Serves 12-15)		
BREAKFAST WRAP PLATTER.....	\$8.50	
KEEP IT LIGHT.....	\$140.00	\$10.00
Fruit Salad, Yogurt, Muffins, Coffee and Juice (Serves 12-15)		
BAGEL PLATTER (1 dozen).....	\$30.00	\$3.50
Served with Butter and Cream Cheese		
MUFFIN PLATTER (1 dozen).....	\$30.00	\$3.50
FRUIT SALAD .....	\$45.00	\$4.75
BREAKFAST PASTRY (serves 12-15) .....	\$40.00	\$4.50

## BEVERAGES

BOX OF COFFEE (12 CUPS) .....	\$25.00
Gallon of Sweet or Unsweet Tea .....	\$9.99
Assorted Cans of Soda/Water .....	\$1.25 each

## STARTERS

	10-12	20-25	Per Person
DEVILED CRABS .....	\$55.00	\$90.00	\$6.00
LASAGNA FRITTA .....	\$55.00	\$95.00	\$6.00
FRIED MAC & CHEESE BITES ..	\$50.00	\$90.00	\$4.50
SPICY CAULIFLOWER BITES ...	\$30.00	\$65.00	\$3.00
VEGGIE PLATTER.....	\$48.00	\$60.00	
CHEESE & CRACKER.....	\$55.00	\$80.00	
TERYAKI CHICKEN SKEWERS ..	\$50.00	\$90.00	\$5.50
STUFFED MUSHROOMS.....	\$45.00	\$75.00	\$5.00

## SANDWICH OR WRAP PLATTERS

All Platters Made Fresh To Order  
\$9.50pp

Ham/Cheese	Egg Salad
Turkey/Cheese	Tuna Salad
Roast Beef/Cheese	Chicken Salad
American Combo	



## ENTREES

	10-12	20-25	Per Person
Chicken Parmesan .....	\$65.00	\$120.00	\$7.50
w/Spaghetti			
Chicken Marsala.....	\$65.00	\$120.00	\$7.50
w/Rice Pilaf			
Chicken Francaise.....	\$65.00	\$120.00	\$7.50
w/Rice Pilaf			
Chicken Cordon Bleu .....	\$70.00	\$125.00	\$8.00
w/Rice			
New Orleans Shrimp & Sausage Stir Fry.....	\$75.00	\$145.00	\$9.00
w/ White or Brown Rice			



Italian Sausage and Peppers.....	\$60.00	\$110.00	\$7.00
Served with Rolls			
Italian Meatballs.....	\$55.00	\$90.00	\$6.00
Served with Rolls			
Stuffed Peppers.....	\$60.00	\$110.00	\$6.50
Sliced Roast Beef with Mushroom Gravy .....	\$65.00	\$120.00	\$8.00
W/Garlic Mashed Potatoes			
Glazed Ham with Pineapple Sauce.....	\$70.00	\$130.00	\$8.50
w/Mashed Potatoes			
Chicken Enchiladas.....	\$60.00	\$110.00	\$7.50
w/Spanish Style Rice			
BBQ Pulled Chicken or Pork .....	\$60.00	\$110.00	\$7.50
Served with Rolls			

## PASTAS

	10-12	20-25	Per Person
Baked Ziti.....	\$35.00	\$65.00	\$5.00
Cheese Lasagna.....	\$35.00	\$65.00	\$5.00
Meat Lasagna.....	\$60.00	\$115.00	\$7.00
Spaghetti & Meatballs .....	\$55.00	\$95.00	\$6.50
Penne Alla Vodka .....	\$35.00	\$60.00	\$5.00
With Chicken .....	\$55.00	\$80.00	\$7.00
Bow Tie Pasta W/Chicken Broccoli, Garlic and Oil.....	\$50.00	\$95.00	\$7.00
Fettuccini Alfredo .....	\$30.00	\$55.00	\$5.00
With Chicken and Broccoli.....	\$60.00	\$95.00	\$7.50

## VEGETARIAN

	10-12	20-25	Per Person
Eggplant Parmesan.....	\$40.00	\$70.00	\$6.00
Eggplant Rollatini.....	\$50.00	\$90.00	\$7.00
Stuffed Peppers w/ Rice and Veggies .....	\$35.00	\$65.00	\$5.00
Veggie Lasagna.....	\$50.00	\$90.00	\$7.00

## HOT SIDES

	Tray	Per Person
White Rice.....	\$18.00	\$3.00
Rice Pilaf .....	\$30.00	\$3.50
Cooked Carrots .....	\$25.00	\$3.00
Mashed Potatoes.....	\$35.00	\$4.00
Steamed Broccoli.....	\$25.00	\$3.00
String Bean Almondine.....	\$40.00	\$4.50
Oven Roasted Potatoes.....	\$35.00	\$4.00
Balsamic Grilled Vegetables .....	\$40.00	\$4.50
Garlic Bread.....	\$15.00	\$1.75

